



EMPOWER
Health & Aesthetic Institute

SCHOOL CATALOG

Volume III, Published 04/2023

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Empower Health and Aesthetic Institute Contact Information

Empower Health and Aesthetic Institute will also be referred to herein as EHAI or Institute.

Headquarters and Institute:

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Dallas, TX 75231
Phone: 214-272-0026
Fax: 972-354-3655
Website: www.empowerhai.com
Email: Info@empowerhai.com

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Empower Information:

Empower Health and Aesthetic Institute (EHAI) will provide students the opportunity to gain the knowledge and skills to compete in the profitable and rewarding medical aesthetics profession. EHAI employs faculty and staff who have demonstrated a proficiency in all areas of the medical aesthetics. Our Instructors and staff are well versed and their vast knowledge and understanding for what it takes in this industry to be a professional and successful member within the aesthetics arena. Rajnish Mittal is the sole owner of Avatar Schools LLC, doing business as Empower Health and Aesthetic Institute. He has significant healthcare operations experience including the last six years as CEO of a highly successful group med-spa's in the medical and aesthetic industry. Tim Seekely, a partner of Mr. Mittal in the group of med-spa's, will be the Executive Director of EHAI. Tim will be supported by Licensed and Certified Medical Directors, Instructors as well as knowledgeable representatives and support personnel. EHAI provides training in the following subjects:

- Anatomy and Physiology
- Laser Hair Removal
- Laser Safety - Including Laser Safety Officer
- Cosmetic Injectables
- Skin Rejuvenation with any of the following modalities:
 - Laser
 - Intense Pulsed Light
 - Radio Frequency
 - Microneedling
 - Chemical & Mechanical Exfoliation or Peels
- Medical Indications and Contraindications
- Applications of Techniques

Board Members, Key Staff, Faculty

Board Members and Biographies:

Rajnish Mittal, Principal Owner, Avatar Schools LLC:

Rajnish has a finance background and has been successful operating healthcare organizations for over 15 years. Rajnish is currently the President & CEO of Total Med Solutions, one of DFW's largest med-spas, and runs Total Med with partners Mr. Thompson and Mr. Seekely below. Total Med has grown from two clinics in 2015 to five clinics and has recently acquired a group of five lash and wax salons to add to its portfolio.

Tim Seekely

Tim has been in executive roles in the areas of operations, sales and marketing with several healthcare manufacturing companies primarily in the field of diagnostics. He has successfully launched several product lines and worldwide campaigns. Tim is also a partner of Total Med Solutions.

Bill Kassul

Bill has over 30 years of business development, marketing, sales and management experience in the technology, medical and financial service industries. He has been the Chief Marketing Officer for multiple technology companies and was a Principal Partner to a publicly traded directly lending fund on the main-market of the London Stock Exchange. Bill has been an advisor to Total Med Solutions since 2012 and serves as Director of Alternative Investments at Kingsbarn Realty Capital.

Dr. Ann Nolan

Dr. Nolan received her undergraduate degree from Lamar University and later her DO degree from UNT Health Science Center in Ft. Worth in 1981. She is board certified in Family Practice as well as Anti-Aging Medicine and has been in the private practice of medicine for over thirty years. While formerly living in the Austin area, Dr. Nolan became interested in nonsurgical cosmetic procedures as well as liposuction, weight reduction and bio-identical hormone replacement therapy. Since that time, she has remained actively involved with the med-spa industry as a consultant and medical director for more than 15 years.

Key Staff:

Tim Seekely, Executive Director
Sonja Shannon, RN, APN, FNP-C, Dean of Education
Duwayne Seekely, Representative
Solisa Phipps, Representative

Faculty:

Dr. Ann Nolen	Alexa Hagan	Amanda Trainer	Sally Kent
Howard McKay	Sonja Shannon	Katherine Bowser	Doretta Spates
Solisa Phipps	Mallory McGuire		

Empower Health and Aesthetic Institute Mission

Our mission is to provide students with best-in-class training, knowledge, skills, and experience to begin, or to further enhance a career in the growing medical aesthetic industry.

Description of Medical Office Space

EHAI provides students and faculty with a 3,000 square foot modern and convenient medical office space in Dallas, Texas. The campus contains three fully equipped and functional clinical treatment rooms; one large classroom, one small classroom, administrative offices, and a breakroom. Many various types of equipment and product manufacturers, and business professionals will support the training of EHAI students. Our Instructors and students will provide services to private clients daily. EHAI is dedicated to assist our students to become more confident observing day to day real life operations, including patient flow, consultation and sales techniques, and effective treatment outcomes.

Scheduled Open Door Policy

At EHAI, we take our student's success to heart. We offer our students the opportunity to come back to the Institute to learn more as they grow in the industry at no charge for any of the subjects covered within the class that they were enrolled in. There is a schedule of specific days and times during the week including weekend days that will be offered. These times may vary and are subject to change without notice. Depending on the dates requested by the student there may be a wait list. When students return for the open-door policy, on scheduled days, students are permitted to treat friends and family.

Technology, Equipment and Products

Empower Health and Aesthetic Institute will utilize the following technology and products to educate our students:

LUMENIS M22 LASER/IPL
ALMA ICE LASER HAIR REMOVAL
HYDRAFACIAL
MICRONEEDLING - SKINPEN
ALLERGAN COOLSCULPTING
CANDELA VELASHAPE
ALLERGAN PRODUCTS
GALDERMA PRODUCTS
CLINICAL AND MEDICAL GRADE ADVANCED PRODUCTS

***Other manufacturers equipment and/or products will be sourced in future to support didactic and hands training such as ablative procedures, tattoo removal, vein reduction, etc.**

Empower Health and Aesthetic Institute 2023

Seminar Schedule

Class dates will typically commence on Monday, Tuesday, Wednesday, Thursday, Friday, Saturday or Sunday of each week, excluding school holidays.

Depending on the Seminar, typical classes will begin at 8:30am and end no later than 5:30pm each day. All students will have a 15-minute break in the morning and afternoon and a 30-minute lunch.

Observed Holidays

New Year's Day
Martin Luther King Day
Good Friday
Memorial Day
4th of July
Labor Day
Thanksgiving Day
Day After Thanksgiving
Christmas Eve
Christmas Day

Hours of Operation

Regular Office Hours & Class Hours:

Monday - Friday 8:30am – 5:30pm

Saturday and Sunday from 8:30am – 5:30pm
(Weekend classes will be discretionary based on class type)

Enrollment Policy

General Information for Admission:

Empower Health and Aesthetic Institute will only admit students who have successfully met all the admission requirements and satisfactorily demonstrate they are able to complete the EHAI training. For EHAI to consider an applicant, they must meet the following admission requirements:

- Be 18 years of age, with valid I.D.
- Must complete the enrollment form for the Seminar or seminar requested
- Must provide a deposit to secure their attendance in the Seminar or seminar offered by EHAI
- Have a high school diploma, GED, or testing equivalent. As an alternate form of education documentation applicant may have a certificate/license or proof of education from a state accredited program or Seminar.
- Must be able to speak and understand English
- Must be and LVN or higher credentialed nurse for cosmetic injectable training

Empower Health and Aesthetic Institute will maintain an amassed file devoted to each student to reinforce that all admissions requirements have been met.

Tuition Cost

Laser Programs & Seminars:

Level 1: Laser Hair Removal Apprentice Didactic Seminar	\$1,000.00
Level 2: Laser Hair Removal Technician 100 Treatment Practicum	\$750.00
Level 3: Senior Laser Hair Removal Technician Seminar	\$250.00
Level 4: Professional Laser Hair Removal Technician Exam Seminar	\$500.00
Exam Only	\$200.00
Laser Plus Advanced Aesthetics Seminar	\$6,495.00
Advanced Aesthetics Seminar	\$4,295.00
Texas Compliance Seminar	\$1,000.00
Fibroblast & Microneedling Seminar	\$1,250.00
Body Contouring Seminar	\$1,250.00
Hydrfacial Seminar	\$500.00
Medical Grade Chemical Peels Seminar	\$600.00
Dermaplane & Microdermabrasion Seminar	\$600.00
IPL Photofacial Seminar	\$550.00
Medical Professional & Delegate Injectable Basic Neurotoxin Seminar	\$1,495.00
Medical Professional & Delegate Injectable Basic Filler Seminar	\$1,495.00
Medical Professional & Delegate Injectable Advanced Neurotoxin Seminar	\$1,495.00
Medical Professional & Delegate Injectable Advanced Filler Seminar	\$1,495.00
Medical Professional & Delegate Injectable Sclerotherapy Seminar	\$1,495.00

Tuition includes written materials and handouts. EHAI does not provide students with room or board or compensation of such. Students are required to wear medically professional attire while in the facility and will need to purchase scrubs for which EHAI will provide no reimbursement. Students may purchase additional reading materials offered if the materials are not required by EHAI. EHAI reserves the right to change tuition rates without notice, however, these changes will not affect students currently enrolled, but will be applied to newly enrolled, with signed contracts. EHAI reserves the right to withhold any student's certificate and state paperwork until all financial obligations are paid in full.

Empower Health and Aesthetic Institute Refund Policy

Send cancellations to the following address:

Empower Health and Aesthetic Institute
 Attention: Admissions Department
 5445 La Sierra Dr., Suite 400, Dallas, TX 75231

CANCELLATION POLICY

A full refund will be made to any student who cancels the enrollment contract within 72 hours (until midnight of the third day excluding Saturdays, Sundays, and legal holidays) after the enrollment contract is signed. A full refund will also be made to any student who cancels enrollment within the student's first three scheduled class days, except that the school may retain not more than \$100 in any administrative fees charged, as well as items of extra expense that are necessary for the portion of the program attended and stated separately on the enrollment agreement.

REFUND POLICY

1. Refund computations will be based on scheduled Seminar or seminar time of class attendance through the last date of attendance. Leaves of absence, suspensions and school holidays will not be counted as part of the scheduled class attendance.
2. The effective date of termination for refund purposes will be the earliest of the following:
 - (a) The last day of attendance if the school terminates the student.
 - (b) The date of receipt of written notice from the student; or
 - (c) Ten school days following the last date of attendance.
3. If tuition and fees are collected in advance of entrance, and if after expiration of the 72-hour cancellation privilege the student does not enter school, not more than \$100 in any administrative fees charged shall be retained by the school for the entire residence program or synchronous distance education Seminar or seminar.
4. If a student enters a residence or synchronous distance education program and withdraws or is otherwise terminated after the cancellation period, the school or college may retain not more than \$100 in any administrative fees charged for the entire program. The minimum refund of the remaining tuition and fees will be the pro rata portion of tuition, fees, and other charges that the number of hours remaining in the portion of the Seminar or seminar for which the student has been charged after the effective date of termination bears to the total number of hours in the portion of the Seminar or seminar for which the student has been charged, except that a student may not collect a refund if the student has completed 75 percent or more of the total number of hours in the portion of the program for which the student has been charged on the effective date of termination.⁽¹⁾
5. Refunds for items of extra expense to the student, such as books, tools, or other supplies are to be handled separately from refund of tuition and other academic fees. The student will not be required to purchase instructional supplies, books and tools until such time as these materials are required. Once these materials are purchased, no refund will be made. For full refunds, the school can withhold costs for these types of items from the refund as long as they were necessary for the portion of the program attended and separately stated in the enrollment agreement. Any such items not required for the portion of the program attended must be included in the refund.
6. A student who withdraws for a reason unrelated to the student's academic status after the 75 percent completion mark and requests a grade at the time of withdrawal shall be given a grade of "incomplete" and permitted to re-enroll in the Seminar or program during the 12-month period. Following the date, the student withdrew without payment of additional tuition for that portion of the Seminar or seminar.
7. A full refund of all tuition and fees is due and refundable in each of the following cases:
 - (a) An enrollee is not accepted by the school;

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(b) If the Seminar or seminar of instruction is discontinued by the school and this prevents the student from completing the Seminar or seminar; or if the student's enrollment was procured as a result of any misrepresentation in advertising, promotional materials of the school, or representations by the owner or representatives of the school.

8. REFUND POLICY FOR STUDENTS CALLED TO ACTIVE MILITARY SERVICE.

A student at the school who withdraws from the school as a result of the student being called to active duty in a military service of the United States or the Texas National Guard may elect one of the following options for each program in which the student is enrolled:

(a) If tuition and fees are collected in advance of the withdrawal, a pro rata refund of any tuition, fees, or other charges paid by the student for the program and a cancellation of any unpaid tuition, fees, or other charges owed by the student for the portion of the Seminar or seminar the student does not complete following withdrawal:

(b) A grade of incomplete with the designation "withdrawn-military" for the Seminars in the program, other than Seminars for which the student has previously received a grade on the student's transcript, and the right to re-enroll in the program, or a substantially equivalent program if that program is no longer available, not later than the first anniversary of the date the student is discharged from active military duty without payment of additional tuition, fees, or other charges for the program other than any previously unpaid balance of the original tuition, fees, and charges for books for the program; or

(c) The assignment of an appropriate final grade or credit for the Seminars or seminars in the program, but only if the instructor or instructors of the Seminar or seminar determine that the student has:

(1) Satisfactorily completed at least 90 percent of the required Seminar work for the program; and
 (2) Demonstrated sufficient mastery of the Seminar or seminar material to receive credit for completing the program.

9. The payment of refunds will be totally completed such that the refund instrument has been negotiated or credited into the proper account(s), within 60 days after the effective date of termination.

(1) More simply, the refund is based on the precise number of Seminar time hours the student has paid for, but not yet used, at the point of termination, up to the 75% completion mark, after which no refund is due. Form CSC-1040R will be used to provide the precise calculation.

Seminar Description

Level 1: Laser Hair Removal Apprentice Didactic Seminar

Seminar Description:

This seminar provides extensive didactic in Laser, Intense Pulsed Light & Radio Frequency that are most commonly used for hair removal procedures.

Seminar curriculum is designed and implemented to provide students a skilled foundation as an entry-level laser apprentice. In the didactic only portion of the Seminar, students will learn anatomy and physiology of hair and skin, laser biophysics and tissue interaction skin reactions, burns, treatment protocols, eye protection, how to handle emergencies, post treatment protocols, assessment of clients pre-existing conditions & current medications, proper signage and posting, evaluating clients Fitzpatrick scale & explanation of anesthesia used in conjunction with LHR procedures. The curriculum also includes laser safety, medical considerations, state and federal regulations, hazards, sanitation & CPR certification.

This seminar delivers the highest quality of education within a convenient and feasible period. The curriculum challenges students in an environment, which provides state-of-the-art training on an array of modern equipment. The curriculum reflects current industry standards. We integrate exposure to other key players in the industry including, but not limited to laser equipment representatives, various product representatives, and professionals currently working in the industry.

We are dedicated to producing graduates that are knowledgeable within the field yet are committed to a strict code of work ethic; safe, effective, honest work values and practices that their families and communities will admire.

This Seminar is suitable for the student:

- Has the ability to obtain their 100 hands-on Laser Hair Removal (LHR) treatments independently needed for Texas State Certification.
- Only needs the 40-hours and CPR to complete requirements they already have.
- Formal didactic training from a professional already in the industry that may not have had accredited training and only was trained in field and on site.

Types of jobs and work settings that students will have working knowledge to work in would be: Medical Spa, Plastic Surgeon's Office, Laser Hair Removal Clinic, or a Professional in the Aesthetic industry.

40 Hours

Fee Breakdown:

Total Cost

\$1000.00

The Seminar reader and all materials needed to complete the Seminar are included in the tuition. Portions of this Seminar may be taken as single subject seminars to suffice for LSO Designation.

**Level 1:
Laser Hair Removal Apprentice Didactic Seminar Outline:**

Seminar	Title	Lecture Hours	Labs	Total Hours
EHAI 1	Anatomy Hair and Skin	8		8
EHAI 2	Laser Physics-Tissue Interaction	8		8
EHAI 3	Laser Safety	8		8
EHAI 4	Medical Considerations	8		8
EHAI 5a	Technical Considerations: Laser Energy	4		4
EHAI 5b	Medical Considerations: Clients and Colleagues	4		4
Total Hours		40		40

Level 2: Laser Hair Removal Technician 100 Treatment Practicum Seminar

Seminar Description:

This seminar provides the student with the 100 Laser Hair Removal hands-on treatments necessary to obtain the next level in Laser Certification, which is Laser Technician. The student will perform these 100 Laser Hair Removal treatments on models provided by EHAI, while being supervised by a Certified Senior Laser Technician or Laser Professional as required by The State of Texas.

The Seminar takes place in a state-of-the-art medical spa and students have the opportunity to treat patients that have booked appointments at the facility. Students work in small groups performing hands on treatments with their instructor. Instructor will prepare the students for the treatments and review the chart looking for contraindications for treatment.

Reviewed protocols:

- Instructor Demonstration of Hair Reduction Treatment
- Review Patient Chart and Information
- Prepping of machine and treatment room
- Consultation with client going over pre/post care
- Verify client has reasonable expectations.
- Verify proper consents have been signed
- Correct Documentation
- Prepare Patient for treatment
- Upsell/cross-sell recommended treatments for client
- Product recommendations

Students participate, observe, and assist in Laser Hair Removal treatments.

Prerequisites: Must have completed: Empower Health and Aesthetic Institute 1, 2, 3, 4, 5a, 5b or Equivalent training that would include 40-hours in the following topics similar to Texas Rule 289.302 "**Registration and Radiation Safety Requirements for Use of Laser Hair Removal Devices**" from a licensed laser training facility.

We integrate exposure to other key players in the industry including, but not limited to; laser equipment representatives, various product representatives, insurance advisors and professionals currently working in the industry.

We are dedicated to producing graduates that are knowledgeable within the field yet are committed to a strict code of work ethic; safe, effective, honest work values and practices that their families and communities will admire.

8 Hours

Fee Breakdown:

Total Cost

\$750.00

The Seminar manual, use of equipment, supplies and all materials required to complete the Seminar are included in the tuition. Student uniforms of EHAI are not included in the tuition, so it is the student's responsibility to purchase medical scrubs while on the premises of EHAI.

**Level 2:
Laser Hair Removal Technician 100 Treatment Practicum Seminar
Outline:**

Seminar	Title	Lecture Hours	Labs	Total Hours
LHR Technician	100 Treatment Practicum		8	8
Total Hours			8	8

Level 3: Senior Laser Hair Removal Technician Seminar

Seminar Objective:

The seminar provides students with the necessary documentation of 100 observed laser hair treatments observed by a Senior or Professional Level Technician as required by the State of Texas. These Treatments will be recorded for the student and provided to the student to have the necessary documentation as required by the state to fulfill the application process to TDLR for the Senior Certification.

Main skills to be learned:

Students will observe 100 hands-on laser hair removal procedures required by The State of Texas and to obtain the next level of certification which is the Senior Level Technician. Refresher training in the topics specified in subsection (J)(18)(A) & (B) of 289.302.

8 Hours

Fee Breakdown:

Total Cost

\$250.00

The Seminar reader and all materials needed to complete the Seminar are included in the tuition

Admission Requirements:

- Active Laser Technician License issued by the State of Texas
- Drivers License
- Current CPR Certification

Level 3: Senior Laser Hair Removal Technician Seminar Outline:

Seminar	Title	Lecture Hours	Labs	Total Hours
Senior LHR Technician Seminar Observation	Observation Clinical	2		2
	Observe 100 LHR Treatments		6	6
Total Hours		2	6	8

Level 4: Laser Hair Removal Professional Exam Or Exam Only Seminar

Seminar Objective:

The Laser Professional is the highest level of certification that the State of Texas recognizes. The seminar will begin with a 3-hour didactic over laser hair removal, safety and other related topics, Following the review an onsite proctored exam will be given. Successful completion of this exam will provide the student with the necessary documentation to successfully submit final documentation for licensure with Texas Department Licensing and Regulation. All Testing is performed on site at EHAI.

Main skills to be learned:

The seminar will review guidelines, skin reactions, treatment protocols, how to handle emergencies, post exposure protocol, post exposure follow up, assessment of clients pre-existing conditions & current medications, explanation of anesthesia, medical considerations and contraindications, state and federal regulations, hazards, sanitation, and emergency protocols pertaining to hair removal licensure.

4 Hours

Fee Breakdown:

Total Cost

\$500.00

2 Hours - Exam Only

Fee Breakdown

Total Cost

\$200.00

The Seminar reader and all materials needed to complete the Seminar are included in the tuition

Admission Requirements:

- Current Laser Hair Removal Senior Technician License issued by the State of Texas

Level 4: Laser Hair Professional Exam Or Exam Only Seminar Outline:

Seminar	Title	Lecture Hours	Labs	Total Hours
LHR Professional Exam	Didactic	2		2
LHR Professional Exam	Proctored Exam		2	2
Total Hours		2	2	4

Laser Plus Advanced Aesthetics Seminar

Seminar Description:

This seminar is comprehensive of Laser Hair Removal Level 1 – 4 Seminars as described in this catalog. Additionally, students will receive the Advanced Aesthetics and Treatments training described below.

During the didactic portion of this seminar the students will learn anatomy and physiology of hair and skin, laser biophysics and tissue interaction, skin reactions, burns, treatment protocols, eye protection, how to handle emergencies, post treatment protocols, assessment of clients pre-existing conditions & current medications, proper signage and posting, evaluating clients Fitzpatrick scale & explanation of anesthesia used in conjunction with LHR procedures. The curriculum also includes laser safety, medical considerations, state and federal regulations, hazards, sanitation & CPR certification.

Students will learn Laser and Intense Pulsed Light procedures beyond hair removal. The fundamentals learned in Laser Hair Removal Levels 1 – 4 have prepared the student to learn Intense Pulsed Light, Skin Rejuvenation, Microneedling, Hydrafacial, Microdermabrasion, Dermaplaning, Fractional Skin rejuvenation and resurfacing, Toenail Fungus, Vein Therapies, Tattoo Removal, Chemical Peels, Fibroblast Therapy, Body Contouring and other treatment modalities. The hands-on portion begins with an explanation of the room set-up, paperwork needed to perform safe and effective treatments. Students will begin with a didactic portion familiarizing them with the modality to be used that day explaining wavelength, common settings, and appropriate Fitzpatrick skin types for treatment. Students will identify the appropriate eye safety wear.

The Seminar takes place in a state-of-the-art medical spa and students have the opportunity to treat patients that have booked appointments at the facility. Students work in small groups performing hands on treatments with their instructor. Instructor will prepare the students for the treatments and review the chart looking for contraindications for treatment. The day continues with each student participating in, observing and assisting in treatments.

Prerequisites: Must have completed

Empower Health and Aesthetic Institute 1, 2, 3, 4, 5a, 5b or

Equivalent training that would include 40-hours in the following topics similar to Texas Rule 289.302 "**Registration and Radiation Safety Requirements for Use of Laser Hair Removal Devices**" from a licensed laser training facility.

We integrate exposure to other key players in the industry including, but not limited to; laser equipment representatives, various product representatives, insurance advisors and professionals currently working in the industry.

Types of jobs and work settings that students will have skills to work in would be:

Medical Spa, Plastic Surgeon's Office, Laser Hair Removal Clinic, or a professional in the Aesthetic industry. Students learn success-oriented skills to obtain gainful employment as a Laser Hair Removal Apprentice or Laser Safety Officer at physician's offices and medical spas.

We are dedicated to producing graduates that are knowledgeable within the field, yet are committed to a strict code of work ethic; safe, effective, honest work values and practices that their families and communities will admire

108 Hours

Fee Breakdown:

Total Cost

\$6,495.00

* Any subjects covered in this Seminar can be offered as single subject seminars. The Seminar manual, use of equipment, supplies and all materials required to complete the Seminar are included in the tuition. Student uniforms of EHAI is not included in the tuition, so it is the student's responsibility to purchase medical scrubs while on the premises of EHAI.

Laser Plus Advanced Aesthetics Seminar Outline:

Seminar	Title	Lecture Hours	Labs	Total Hours
EHAI 1	Anatomy of Hair and Skin	8		8
EHAI 2	Laser Physics & Tissue Interaction	8		8
EHAI 3	Laser Safety	8		8
EHAI 4	Medical Considerations	8		8
EHAI 5a	Technical Considerations: Laser Energy	4		4
EHAI 5b	Medical Considerations: Clients and Colleagues	4		4
LHR Technician	100 Treatment Practicum		8	8
Senior LHR Technician Seminar Observation	Observe 100 LHR Treatments	2	6	8
LHR Professional Exam	Didactic	2		2
LHR Professional Exam	Proctored Exam		2	2
Advanced Aesthetics Seminar	Advanced Aesthetics Lecture and Lab	24	24	48
Total Hours		68	40	108

Advanced Aesthetics Seminar

Seminar Objective:

This seminar provides students with a comprehensive review of Advanced aesthetics and treatments described below.

During the didactic portion of this seminar the students will learn anatomy and physiology of hair and skin, laser biophysics and tissue interaction, skin reactions, burns, treatment protocols, eye protection, how to handle emergencies, post treatment protocols, assessment of clients pre-existing conditions & current medications, proper signage and posting, evaluating clients Fitzpatrick scale. The curriculum also includes medical considerations, state and federal regulations, hazards and sanitation.

Students will learn Laser and Intense Pulsed Light procedures beyond hair removal. The fundamentals learned in Laser Hair Removal Levels 1 – 4 have prepared the student to learn Intense Pulsed Light, Skin Rejuvenation, Microneedling, Hydrafacial, Microdermabrasion, Dermaplaning, Fractional Skin rejuvenation and resurfacing, Toenail Fungus, Vein Therapies, Tattoo Removal, Chemical Peels, Fibroblast Therapy, Body Contouring and other treatment modalities. The hands-on portion begins with an explanation of the room set-up, paperwork needed to perform safe and effective treatments. Students will begin with a didactic portion familiarizing them with the modality to be used that day explaining wavelength, common settings, and appropriate Fitzpatrick skin types for treatment. Students will identify the appropriate eye safety wear.

The Seminar takes place in a state-of-the-art medical spa and students have the opportunity to treat patients that have booked appointments at the facility. Students work in small groups performing hands on treatments with their instructor. Instructor will prepare the students for the treatments and review the chart looking for contraindications for treatment. The day continues with each student participating in, observing and assisting in treatments.

Prerequisites: Must have completed:

Empower Health and Aesthetic Institute 1, 2, 3, 4, 5a, and 5b or

Equivalent training that would include 40-Hours in the following topics similar to Texas Rule 289.302 "**Registration and Radiation Safety Requirements for Use of Laser Hair Removal Devices**" from a licensed laser training facility.

48 Hours

Fee Breakdown:

Total Cost

\$4,295.00

The Seminar power point and all materials needed to complete the Seminar are included in the tuition.

Additional materials may be offered at event for purchase.

Admission Requirements:

Attendees must be: Managers of Aesthetic Practice, Aestheticians, Laser License, Doctors & Nurses and/or employees of an Aesthetic Practice.

Advanced Aesthetics Seminar Outline:

Seminar	Title	Lecture Hours	Labs	Total Hours
Advanced Aesthetics Didactic	Advanced Aesthetics	24		24
Advanced Aesthetics Clinical	Advanced Aesthetics		24	24
Total Hours		24	24	48

Texas Compliance Seminar

Seminar Objective:

The seminar provides attendees with an informative session to gain the knowledge to implement compliance with Department of State and Health Services as well as the Texas Medical Board Rule 193.17 Section 8 (A) – (F). Seminar curriculum is designed and implemented to provide attendees with information to assist existing and/or future businesses supplemental knowledge to assist them in understanding the process of getting compliant and legal with registrations.

Main skills to be learned:

This session will review the TMB Rule and what facilities need to be compliant. It will be a general discussion and overview of TDLR (Texas Department of Licensing and Regulation) Laser Hair Registration process. Including paperwork, Audits, Medical Directors. This session will also clarify what kind of Registrations you need for your facility.

4 Hours

Fee Breakdown:

Total Cost

\$1,000.00

The Seminar power point and all materials needed to complete the Seminar are included in the tuition.

Additional materials may be offered at event for purchase.

Admission Requirements:

Attendees must be: Business Owners, Managers of Aesthetic Practice, Aestheticians, Laser License, Doctors & Nurses and/or employees of an Aesthetic Practice.

Texas Compliance Seminar Seminar Outline:

Seminar	Title	Lecture Hours	Labs	Total Hours
TMB SEMINAR	Didactic	4		4
Total Hours		4		4

Fibroblast & Microneedling Seminar

Seminar Objective:

The Fibroblast Seminar provides students didactic and hands-on training with a curriculum designed and implemented to provide students with appropriate training on Fibroblast treatment guidelines.

Main skills to be learned:

Fibroblast and Microneedling treatment guidelines, skin anatomy, skin reactions, treatment protocols, how to handle emergencies, post exposure protocol, post exposure follow up, assessment of clients pre-existing conditions & current medications, explanation of anesthesia, medical considerations and contraindications, state and federal regulations, hazards, sanitation and emergency protocols.
Treatment guidelines, technique.

8 Hours

Fee Breakdown:

Total Cost

\$1,250.00

All materials needed to complete the Seminar are included in the tuition

Admission Requirements:

Current Medical Professional License, MD, DO, PA, NP, RN, LVN
Current Certification, Aesthetician, Laser Technician

We ask that each student bring (1) model. Other models may be provided by EHAI.

Fibroblast & Microneedling Seminar Outline:

Seminar	Title	Lecture Hours	Labs	Total Hours
Fibroblast & Microneedling Seminar	Didactic	4		4
Fibroblast & Microneedling Seminar	Clinical		4	4
Total Hours		4	4	8

Body Contouring Seminar

Seminar Objective:

The Body Contouring Seminar provides students didactic and hands-on training with a Seminar curriculum designed and implemented to provide students with appropriate training on treatment guidelines.

Main skills to be learned:

Body Contouring guidelines, skin anatomy, skin reactions, treatment protocols, how to handle emergencies, post exposure protocol, post exposure follow up, assessment of clients pre-existing conditions & current medications, explanation of anesthesia, medical considerations and contraindications, state and federal regulations, hazards, sanitation and emergency protocols.

Treatment guidelines, technique.

12 Hours

Fee Breakdown:

Total Cost

\$1,250.00

All materials needed to complete the Seminar are included in the tuition

Admission Requirements:

None

We ask that each student bring (1) model. Other models may be provided by EHAI.

Body Contouring Seminar Outline:

Seminar	Title	Lecture Hours	Labs	Total Hours
Body Contouring Seminar	Didactic	6		6
Body Contouring Seminar	Clinical		6	6
Total Hours		6	6	12

Hydrafacial Seminar

Seminar Objective:

The Hydrafacial Seminar provides students didactic and hands-on training with a Seminar curriculum is designed and implemented to provide students with appropriate training on treatment guidelines and technique.

Main skills to be learned:

Hydrafacial Treatment guidelines, skin anatomy, skin reactions, treatment protocols, how to handle emergencies, post exposure protocol, post exposure follow up, assessment of clients pre-existing conditions & current medications, explanation of anesthesia, medical considerations and contraindications, state and federal regulations, hazards, sanitation and emergency protocols.

Treatment guidelines, technique.

4 Hours

Fee Breakdown:

Total Cost

\$500.00

All materials needed to complete the Seminar are included in the tuition

Admission Requirements:

Current Medical Professional License, MD, DO, PA, NP, RN, LVN
Current Certification, Aesthetician, Laser Technician

We ask that each student bring (1) model. Other models may be provided by EHAI.

Hydrafacial Seminar Outline:

Seminar	Title	Lecture Hours	Labs	Total Hours
Hydrafacial Seminar	Didactic	2		2
Hydrafacial Seminar	Clinical		2	2
Total Hours		2	2	4

Medical Grade Chemical Peels Seminar

Seminar Objective:

The Medical Grade Chemical Peels Seminar provides students didactic and hands-on training with a Seminar curriculum is designed and implemented to provide students with appropriate training on treatment guidelines and technique.

Main skills to be learned:

Medical Grade Chemical Peels guidelines, skin anatomy, skin reactions, treatment protocols, how to handle emergencies, post exposure protocol, post exposure follow up, assessment of clients pre-existing conditions & current medications, medical considerations and contraindications, state and federal regulations, hazards, sanitation, and emergency protocols.

Treatment guidelines, technique.

4 Hours

Fee Breakdown:

Total Cost

\$600.00

All materials needed to complete the Seminar are included in the tuition

Admission Requirements:

Current Medical Professional License, MD, DO, PA, NP, RN, LVN

Current Certification, Aesthetician, Laser Technician

We ask that each student bring (1) model. Other models may be provided by EHA.

Medical Grade Chemical Peels Seminar Outline:

Seminar	Title	Lecture Hours	Labs	Total Hours
Medical Grade Chemical Peels Seminar	Didactic	2		2
Medical Grade Chemical Peels Seminar	Clinical		2	2
Total Hours		2	2	4

Dermaplane & Microdermabrasion Seminar

Seminar Objective:

The Dermaplane & Microdermabrasion Seminar provides students didactic and hands-on training with a Seminar curriculum is designed and implemented to provide students with appropriate training on treatment guidelines and technique.

Main skills to be learned:

Dermaplane and Microdermabrasion guidelines, skin anatomy, skin reactions, treatment protocols, how to handle emergencies, post exposure protocol, post exposure follow up, assessment of clients pre-existing conditions & current medications, medical considerations and contraindications, state and federal regulations, hazards, sanitation, and emergency protocols.

Treatment guidelines, technique.

8 Hours

Fee Breakdown:

Total Cost

\$600.00

All materials needed to complete the Seminar are included in the tuition

Admission Requirements:

Current Medical Professional License, MD, DO, PA, NP, RN, LVN

Current Certification, Aesthetician, Laser Technician

We ask that each student bring (1) model. Other models may be provided by EHA.

Dermaplane & Microdermabrasion Seminar Outline:

Seminar	Title	Lecture Hours	Labs	Total Hours
Dermaplane & Microdermabrasion Seminar	Didactic	4		4
Dermaplane & Microdermabrasion Seminar	Clinical		4	4
Total Hours		4	4	8

IPL Photofacial Seminar

Seminar Objective:

The IPL Photofacial Seminar provides students didactic and hands-on training with a Seminar curriculum is designed and implemented to provide students with appropriate training on treatment guidelines and technique.

Main skills to be learned:

IPL Photofacial guidelines, skin anatomy, skin reactions, treatment protocols, how to handle emergencies, post exposure protocol, post exposure follow up, assessment of clients pre-existing conditions & current medications, medical considerations and contraindications, state and federal regulations, hazards, sanitation, and emergency protocols.

Treatment guidelines, technique.

12 Hours

Fee Breakdown:

Total Cost

\$550.00

All materials needed to complete the Seminar are included in the tuition

Admission Requirements:

Current Medical Professional License, MD, DO, PA, NP, RN, LVN
Current Certification, Aesthetician, Laser Technician

We ask that each student bring (1) model. Other models may be provided by EHAI.

IPL Photofacial Seminar Outline:

Seminar	Title	Lecture Hours	Labs	Total Hours
IPL Photofacial Seminar	Didactic	6		6
IPL Photofacial Seminar	Clinical		6	6
Total Hours		6	6	12

Medical Professional & Delegate Basic Neurotoxin Seminar

Seminar Objective:

The Medical Professional & Delegate Basic Neurotoxin Seminar provides medical professionals and Delegates a didactic and hands-on training with various forms of aesthetic Neurotoxin injectable procedures. A Neurotoxin is utilized to inhibit muscle movement to reduce lines and wrinkles for general skin rejuvenation. Seminar curriculum is designed and implemented to provide students with appropriate training and basic didactic on injectable guidelines to supplement their existing knowledge.

Main skills to be learned:

- Apply concepts and working knowledge regarding the pharmacology of cosmetic Injectable, Action, Duration, Side Effects, Adverse Effects, Adverse Reactions, Contraindications, Indications, Dosing, & Indications for administration.
- Contraindications against administration
- Proper assessment techniques
- Facial Anatomy
 - Musculature
 - Vascularity
- Treatment and Aftercare
- Equipment
 - Syringe options (and reconstitution guidance)
 - Needle options
 - Gloves
 - Antiseptic
- Treatment Areas in the basic Seminar will be Crows Feet, Glabella, Forehead
 - Depending on class, more injections sites may be covered if time permits

8 Hours

Fee Breakdown:

Total Cost

\$1,495.00

All materials needed to complete the Seminar are included in the tuition

Admission Requirements:

Current Medical Professional License, MD, DO, PA, NP, RN, LVN

All Models are required to have a Medical Intake to qualify for an FDA approved procedure as required by TMB Rule 193.17, at no charge, Medical intakes will take place at our facility prior to the procedure. We ask that each student bring (2) injectable models for each service offered. If for any reason you are unable to provide a model we ask for at least 1-week advance notice to have models to be provided for you. Models will receive product at Student Pricing found on our Student Services Menu. These are subject to change without notice. The care and follow up of the clients is the responsibility of all students & sponsoring physician.

Supervisory Physician Approval Form: Non-Medical Professional Delegates are accepted at the discretion of EHAI, Non-Professional Delegates can attend with a sponsoring MD or DO with a copy of current State Licensure and a letter delegating authority to attend and participate in the stated Seminar. Delegation letter must contain medical mal-practice insurance verification and a copy of Supporting Doctors Current Medical License (ONLY M.D. or D.O.)

**Medical Professional & Delegate
Basic Neurotoxin Seminar Outline:**

Seminar	Title	Lecture Hours	Labs	Total Hours
Medical Professional & Delegate Basic Neurotoxin Seminar	Didactic	4		4
Medical Professional & Delegate Basic Neurotoxin Seminar	Clinical Hands On		4	4
Total Hours		4	4	8

Medical Professional & Delegate Basic Filler Seminar

Seminar Objective:

The Medical Professional & Delegate Basic Filler Seminar provides medical professionals & delegates a didactic and hands-on training with various forms of aesthetic hyaluronic acid injectable filler procedures. Hyaluronic Acid is used to add volume to soft tissue which assist with the enhancement of the lip enhancement, perioral lines, nasolabial folds and numerous other indicated areas. Seminar curriculum is designed and implemented to provide students with appropriate training on injectable guidelines to supplement their existing knowledge.

Main skills to be learned:

- Apply concepts and working knowledge regarding the pharmacology of cosmetic injectable Action, Duration, Side Effects, Adverse Effects, Adverse Reactions, Contraindications, Indications, Dosing, & Indications for administration.
- Contraindications against administration
- Proper assessment techniques
- Facial Anatomy
 - Musculature
 - Vascularity
- Treatment and Aftercare
- Equipment
 - Syringe options
 - Needle options
 - Gloves
 - Antiseptic

8 Hours

Total Cost

\$1,495.00

The Seminar reader and all materials needed to complete the Seminar are included in the tuition

Admission Requirements:

Current Medical Professional License, MD, DO, PA, NP, RN, LVN. All Models are required to have a Medical Intake to qualify for an FDA approved procedure as required by TMB Rule 193.17, at no charge, Medical intakes will take place at our facility prior to the procedure. We ask that each student bring (2) injectable models for each service offered. If for any reason you are unable to provide a model we ask for at least 1-week advance notice to have models to be provided for you. Models will receive product at Student Pricing found on our Student Services Menu. These are subject to change without notice. The care and follow up of the client is the responsibility of all students Supervisory Physician Approval Form: Non-Medical Professional Delegates are accepted at the discretion of EHAI, Non-Professional Delegates can attend with a sponsoring MD or DO with a copy of current State Licensure and a letter delegating authority to attend and participate in the stated Seminar. Delegation letter must contain medical mal-practice insurance verification and a copy of Supporting Doctors Current Medical License (ONLY M.D. or D.O.)

**Medical Professional & Delegate
Basic Filler Seminar Outline:**

Seminar	Title	Lecture Hours	Labs	Total Hours
Medical Professional & Delegate Basic Filler Seminar	Didactic	4		4
Medical Professional & Delegate Basic Filler Seminar	Clinical Hands On		4	4
Total Hours		4	4	8

Medical Professional & Delegate Advanced Neurotoxin Seminar

Seminar Objective:

The Medical Professional & Delegate Advanced Neurotoxin Seminar provides medical professionals didactic and hands-on training with various forms of aesthetic injectable procedures. A Neurotoxin is utilized to inhibit muscle movement to reduce line and wrinkles for general skin rejuvenation. The Advanced Seminar curriculum is designed and implemented to provide students with appropriate Advanced training on injectable guidelines to supplement their existing knowledge. In this seminar you will be introduced to other types of injecting techniques using different types of needles as well as injecting more complex areas of the face.

Main Advanced skills to be learned:

- Students will learn upper-level Advanced clinical injectable techniques that go beyond the basics such as lips, chin, platysmal bands, masseter, etc.
- Facial contouring, with an introduction to more complex techniques to assist with symmetry of the face.
- Neurotoxin uses for Hyperhidrosis
- Contraindications against administration
- Proper assessment techniques
- Pre and post procedure instruction for Injector and client.
- Adverse reaction responses

8 Hours

Total Cost

\$1,495.00

All materials needed to complete the Seminar are included in the tuition

Admission Requirements:

Prerequisites:

Certificate of completion from a basic Neurotoxin training Seminar within 1 year.

At least 6 months practical experience with product.

Current Medical Professional License, MD, DO, PA, NP, RN, LVN

We ask that each student bring (2) injectable models for each service offered. All models are required to have a Medical Intake which will take place at our facility prior to the procedure to as required by TMB Rule 193.17, at no charge. If for any reason you are unable to provide a model we ask for at least 1-week advance notice to have models to be provided for you.

Models will receive product at special discounted pricing per EHAI Student Pricing. These are subject to change without notice. The care and follow up of the clients are the responsibility of all students & sponsoring physician.

**Medical Professional & Delegate
Advanced Neurotoxin Seminar Outline:**

Seminar	Title	Lecture Hours	Labs	Total Hours
Medical Professional & Delegate Advanced Neurotoxin Seminar	Didactic	4		4
Medical Professional & Delegate Advanced Neurotoxin Seminar	Clinical Hands On		4	4
Total Hours		4	4	8

Medical Professional & Delegate Advanced Filler Seminar

Seminar Objective:

The Medical Professional & Delegate Advanced Filler Seminar provides medical professionals didactic and hands-on training with various forms of aesthetic hyaluronic acid injectable filler procedures. Hyaluronic Acid is used to add volume to soft tissue to assist with the enhancement of different areas of the face and body. This Advanced Seminar will take the students deeper into more Advanced area of injection sites. Seminar curriculum is designed and implemented to provide students with appropriate training on injectable guidelines to supplement their existing knowledge.

Main skills to be learned:

- Review Facial Anatomy and understand vectors of pull in facial anatomy
- Review reconstitution
- To understand the following techniques and treatments utilizing perioral rhytides (lipstick lines, sunbeam or smokers' wrinkles), injections around and under the eyes, melomental folds, upper lip and chin, neck rejuvenation
- To understand various techniques for facial anesthesia and facial sculpting
- Students will learn upper-level Advanced clinical injectable techniques that go beyond the basics. Facial contouring, with an introduction to more complex techniques to assist by volumizing and symmetry of the face
- Contraindications against administration
- Proper assessment techniques
- Pre and post procedure instruction for Injector and client.
- Adverse reaction responses

8 Hours

Total Cost

\$1,495.00

The Seminar reader and all materials needed to complete the Seminar are included in the tuition

Admission Requirements:

Prerequisites:

Certificate of completion from a basic Neurotoxin training Seminar within 1 year.

At least 6 months practical experience with product. Current Medical Professional License, MD, DO, PA, NP, RN, LVN. All Models are required to have a Medical Intake to qualify for an FDA approved procedure as required by TMB Rule 193.17, at no charge, Medical intakes will take place at our facility prior to the procedure. We ask that each student bring (2) injectable models for each service offered. If for any reason you are unable to provide a model we ask for at least 1-week advance notice to have models to be provided for you. Models will receive product at EHAI Student Pricing. These are subject to change without notice. The care and follow up of the clients are the responsibility of all students & sponsoring physician.

Medical Professional & Delegate Advanced Filler Seminar:

Seminar	Title	Lecture Hours	Labs	Total Hours
Medical Professional & Delegate Advanced Filler Seminar	Didactic	4		4
Medical Professional & Delegate Advanced Filler Seminar	Clinical Hands On		4	4
Total Hours		4	4	8

Medical Professional & Delegate Sclerotherapy Seminar

Seminar Objective:

The Medical Professional & Delegate Sclerotherapy Seminar provides students didactic and hands-on training with a solution injection to assist with the treatment of varicose and/spider veins. Seminar curriculum is designed and implemented to provide students with appropriate training on Sclerotherapy injectable vascular guidelines to supplement their existing knowledge.

Main skills to be learned:

Sclerotherapy injectable vascular guidelines, skin reactions, treatment protocols, how to handle emergencies, post exposure protocol, post exposure follow up, assessment of clients pre-existing conditions & current medications, explanation of anesthesia, medical considerations and contraindications, state and federal regulations, hazards, sanitation and emergency protocols.

Dosing, types of solutions used, technique.

6 Hours

Fee Breakdown:

Total Cost

\$1,495.00

All materials needed to complete the Seminar are included in the tuition

Admission Requirements:

Current Medical Professional License, MD, DO, PA, NP, RN or LVN

We ask that each student bring (1) model. Other models may be provided by EHA.

Medical Professional & Delegate Sclerotherapy Seminar

Seminar	Title	Lecture Hours	Labs	Total Hours
Medical Professional & Delegate Sclerotherapy Seminar	Didactic	3		3
Medical Professional & Delegate Sclerotherapy Seminar	Clinical		3	3
Total Hours		3	3	6

Total Contract Hours for Satisfactory Completion:

In order for a student to qualify for a Laser Training Apprentice in Training certificate a student must complete the 40-hours of didactic training (Laser Training and Safety) aspect of the Seminar.

Length of Seminar /Seminar:**Level 1: Laser Hair Removal Apprentice Didactic Seminar**

40 Hours

Level 2: Laser Hair Removal Technician -100 Treatment Practicum Seminar

8 Hours

Level 3: Senior Laser Hair Removal Technician Seminar

8 Hours

Level 4: Professional Exam - Professional Laser Hair Removal Technician Seminar

4 Hours

Laser Plus Advanced Aesthetics and Treatments Seminar

108 Hours

Advanced Aesthetics Seminar

48 Hours

Texas Compliance Seminar

4 Hours

Fibroblast & Microneedling Treatment Seminar

8 Hours

Body Contouring Seminar

12 Hours

Hydrafacial Treatment Seminar

4 Hours

Dermaplane & Microdermabrasion Seminar

8 hours

IPL Photofacial Seminar

12 Hours

Medical Grade Chemical Peel Treatment Seminar

4 Hours

Medical Professional & Delegate Basic Neurotoxin Seminar

8 Hours

Medical Professional & Delegate Basic Filler Seminar

8 Hours

Medical Professional & Delegate Advanced Neurotoxin Seminar

8 Hours

Medical Professional & Delegate Advanced Filler Seminar

8 Hours

Medical Professional & Delegate Sclerotherapy Seminar

6 Hours

Certificate of Completion:

The student will receive a certificate that states they have successfully completed the required training upon completion.

Objectives of Each Seminar:**Objective of the Level 1: Hour Laser Hair Removal Apprentice Didactic Seminar:**

- A. For the apprentice to gain the expertise, information and training through thorough and reliable theoretical and practical directive to successfully complete the 40-hour didactic requirement of the Texas Department of State Health Services per section 289.302
- B. To prepare the apprentice with the working knowledge to provide their clients and employers treatments that are performed with highest quality, ethics & safety measures to work in a clinical setting as a Laser Hair Removal Apprentice in Training in Texas or as a laser technician in another state.
- C. To educate the student in developing professional attitudes and habits necessary for initial employment and career advancement.
- D. To complete the necessary education to become a knowledgeable and accountable Laser Safety Officer.

Objective of the Level 2: Laser Hair Removal Technician 100 Treatment Practicum Seminar:

- E. Students will be given the opportunity to complete the 100 hands on Laser Hair Removal (LHR) treatments required by Texas Department of State Health Services per section 289.302 to obtain the students Laser Technician Certification.

Objectives of Laser Plus Advanced Aesthetics Seminar Includes A, B, C, D & E from above in addition Laser Hair Removal Level 3 and Level 4 Seminars to:

- F. Students will learn advanced aesthetics and treatments such as Intense Pulsed Light, Skin Rejuvenation, Microneedling, HydraFacial, Fractional Skin rejuvenation and resurfacing, Toenail Fungus, Vein Therapies, Tattoo Removal, Chemical Peels, Fibroblast Therapy and other treatment modalities.

Subject Descriptions: Lecture/Lab/Total

EHAI 1

Anatomy of Hair and Skin 8/0/8
(8 Hours)

During this class students will learn the 3 main layers of the skin and each of its functions. They will learn the biology of the skin's layers from how they age to how they heal and regenerate. Collagen, fibronectin & elastin will be explained to further understand tissue interaction. They will learn the Fitzpatrick Skin Scale and how to rate an individual not only on scale but also the addition of ethnic background which will lead to the in-depth discussion of what is a Melanocyte, and what its function in the skin is. Students will learn how Melanocytes play a key role in having positive outcomes with treatments. Hair growth cycles will be taught & the students will be able to describe the 3 growth stages and in which stage hair removal is optimal. Students will be able to identify all structures of the hair follicle as well as hair disorders that affect it.

Prerequisites: none

EHAI 2

Technical Considerations - Laser Physics & Tissue Interaction. 8/0/8
(8 Hours)

We start doing a quick recap of Day 1. We pick up this day by explaining the way tissue interacts when exposed to different types of trauma and various skin reactions then explaining how light is transferred to heat and the effects it brings with various wavelengths. Positive clinical endpoint with the explanation of selective photothermolysis is mastered. Students will achieve a basic understanding of laser biophysics. They will learn the acronym for LASER and have the working knowledge to define each. They will understand thermal relaxation times, milliseconds, nanoseconds, hertz & spot size. Students will be able to identify wavelength on the electromagnetic spectrum.

Prerequisites: Empower Health and Aesthetic Institute 2

EHAI 3

Laser Safety 8/0/8
(8 Hours)

The safety portion will provide the student with skills in what laser hazards are and the difference between beam and non-beam hazards. Students will understand safety measures such as proper eye protection, proper signage and posting, sharps containers, cross contamination, being mindful of the proper use of medical disinfectants and how these measures will assist ensure the safety of the technician and client. Students will learn how to handle emergencies & burn protocols. Students will learn and follow the regulations around the use of lasers at the end of day student shall be able to: list the regulatory bodies for laser practices, state the basic safety procedures, hazards and administrative controls and be knowledgeable as to the responsibilities required of a Laser Safety Officer. Training with a CPR Seminar & knowledge of hazard & injury protective measures will be done.

Prerequisites: Empower Health and Aesthetic Institute 2

EHAI 4

Medical Considerations - 8/0/8
(8 Hours)

Students will learn how to interact with a client in a medical setting. By reviewing client's chart checking for a current signed consent, and past and current medical conditions. Student will learn how to bring the client to the room, how to properly consult with the client while asking about relevant medical considerations. Look for any skin conditions/lesions that could be a contraindication for treatment. Student will have checklist for all pretreatment and post treatment instructions and will give client copy of instructions. Students will clearly explain to clients the treatment process, side effects, reasonable expectations and clinical endpoints.

Prerequisites: Empower Health and Aesthetic Institute 3

EHAI 5a

Technical Considerations - Laser Energy 4/0/4
(4 Hours)

This session is spent digging deeper into each specific treatment to explore the combination of the Fitzpatrick Skin Scale and electromagnetic spectrum and how each work together to provide a safe yet effective treatment. The student will learn the depth of penetration of each wavelength, which has a distinct response to each Fitzpatrick. Student will review and explain how to identify and choose the appropriate modality for a client's needs. Students will review settings, identify what a Joule/Energy is and how it converts to heat. Student will learn how adjustments of milliseconds and cooling can either have a positive or negative effect. Cooling pre- and post-treatment will be addressed and different types will be explained. Considering using anesthesia in conjunction with LHR procedures.

Prerequisites: Empower Health and Aesthetic Institute 4

EHAI 5b

Medical Considerations - Clients and Colleagues 4/0/4
(4 Hours)

In this class we will be discussing the best practices for working in a clinical setting. This section is designed to prepare the student for the clinical reality of working in a real-world setting performing treatment and interacting with clients. Students will review protocols, working with physicians, contraindications for unsafe treatments, verbal skills and communication on how to educate clients on why/how-medical contraindications can be harmful, interacting with colleagues and preparing for a successful career.

Prerequisites: Empower Health and Aesthetic Institute 5a

LHR 100 Treatment Practicum

Clinical Lab 0/8/8

(4 Hours)

During clinical labs, the student will perform 100 Laser Hair Removal Hands on treatments necessary to obtain the next level in Laser Certification, which is Laser Technician. The student will perform these 100 Laser Hair Removal treatments on models provided by EHAI, while being supervised by a Certified Senior Laser Technician or Laser Professional as required by The State of Texas.

The Seminar takes place in a state-of-the-art medical spa and students have the opportunity to treat patients that have booked appointments at the facility. Students work in small groups performing hands on treatments with their instructor. Instructor will prepare the students for the treatments and review the chart looking for contraindications for treatment.

Reviewed protocols, instructor demonstration of hair reduction treatment, review patient chart and information, prepping of machine and treatment room, consultation with client going over pre/post care, verify client has reasonable expectations, verify proper consents have been signed, filing out patient chart, prepare patient for treatment, oversee student properly gets client checked out and rebooked, upsell/cross-sell recommended treatments for client, product recommendations.

Prerequisites: Empower Health and Aesthetic Institute 5b

Advanced Aesthetics

Clinical Lecture and Lab 24/24/48

(48 Hours)

The fundamentals learned in 40-hours of didactic training and 8 hours of Laser Hair Removal hands-on have prepared the student to learn Intense Pulsed Light, Skin Rejuvenation, Fractional Skin rejuvenation and resurfacing, Toenail Fungus, 1064 Laser Facial, Vein Therapies, Tattoo Removal, chemical peels, Fibroblast and other treatment modalities.

Prerequisites: Empower Health and Aesthetic Institute 5b

Grading Practices

Empower Health and Aesthetic Institute will notify students immediately upon completing the exam. A passing grade is reached by achieving a score of 80% or greater on each of the written exams and completing the clinical training in a satisfactory manner.

Students may request additional transcripts by written notice and providing administration with \$25, the transcripts will be mailed to the student.

Satisfactory Progress Standards

Definition of Satisfactory Progress:

Students are assigned didactic study and a minimum number of practical experiences. Didactic is graded by written exams. Practical assignments are evaluated as completed and counted toward seminar completion only when rated as passing or better. Practical skills are evaluated according to text procedures and performance standards established by the Texas Department of State Health Services. Students must maintain a didactic grade average of 80% and pass a final written and practical exam with 80% or higher scores prior to graduation. Numerical grades are considered according to the following grading scale:

Practical and Didactic:

Laser Hair Removal Exams		Student is not achieving satisfactory progress in clinical		Other
Level 1	Level 4			
70% or greater	80% or greater	F	I	W
P/Pass	P/Pass	Failure	Incomplete	Withdrawal

Graduation Requirements

Empower Health and Aesthetic Institute requirements for graduation include the following:

Level 1: Laser Hair Removal Apprentice Didactic Seminar

- 70% or greater pass score on tests
- Attendance 90% or greater
- A minimum 40-Hours of Laser Training and Safety Didactic
- CPR Certification

Level 4: Laser Hair Removal Professional Exam Seminar

- 80% or greater pass score on tests
- Attendance 100%

Laser Plus Advanced Aesthetic Seminar

- 70% or greater pass score on tests in Level 1 LHR Apprentice Didactic Seminar
- 80% or greater pass score on Level 4 LHR Professional Exam
- Attendance 90% or greater
- A minimum 40-Hours of Laser Training and Safety Didactic
- CPR Certification

EHAI will notify students immediately upon completing the Seminar; pass or fail. A passing grade is given to students who achieve a (3.0) grade point average or higher. They must score an 80% or higher on each of the written exams and a satisfactory completion of the clinical training, signed off by their instructor(s). Training diplomas are provided to each student within one month of completing the Seminar. A student must complete their training within a year's time. Students returning after one year must re-take the entire Seminar. Student must have met attendance requirements, financial obligations, and passed all subjects.

Definition of Progress Evaluation Period and Frequency of Progress Reporting:

In accordance with Title 40, Texas Administrative Code, Section 807.222, Empower Health and Aesthetic Institute records a student's grades at the midpoint and end of each progress evaluation period. A student not achieving satisfactory progress, at the midpoint, shall be placed on academic probation for the remainder of the progress evaluation period. If the student does not achieve satisfactory progress by the end of the probationary period, the student's enrollment shall be terminated.

Attendance Policy

General Requirements for Attendance:

In accordance with Title 40, Texas Administrative Code, Section 807.241, Empower Health and Aesthetic Institute will charge for a full day of absence when a student fails to attend all the scheduled classes on that day. EHAI will also charge for a partial day of absence for any period of absence during the day.

Empower Health and Aesthetic Institute does not consider school holidays, such as summer vacation and Christmas holidays, etc., as days of absence.

Attendance Probation Policy and Terms:

In accordance with Title 40, Texas Administrative Code, Section 807.242, if a student is absent for more than 20% of a seminar, she/he will be sent an attendance warning. If more than 25% is missed she/he will be terminated from registered Seminar. The warning will remind the student that she/he has until the end of the Seminar to make up work or she/he will fail.

Warnings:

Attendance:

When a student has exceeded 20% allowance for absences for a Seminar that is still in session, she/he will be sent an attendance warning. The warning will remind the student that she/he has until the end of the Seminar to make up work or she/he will fail. If a student exceeds 25% allotted absences, she/he will be terminated from their current registered Seminar.

Academic:

A student who fails an exam will be issued an academic warning stating that they must retake the exam with 80% pass rate or greater in order to pass the seminar.

Termination for Unsatisfactory Attendance:

If a student is absent for more than 25% of their registered Seminar, they will be terminated. Title 40, Texas Administrative Code, Section 807.24 states, students who are terminated for the violations of the attendance policy may not reenroll until the next available class that the student was terminated for. This provision does not circumvent the approved refund policy.

Readmission after Termination for Unsatisfactory Attendance:

EHAI gives students the opportunity to make up any missed classes without any additional charge. Students are required coordinate with their admissions representative in order to schedule make up days. EHAI does not guarantee make up days on any specific dates and students are only allowed schedule make up days if there are open spots on future term's rosters

Probation Policy and Terms:

A student will be put on academic probation if they fail a test. A student will be put on general probation for misconduct or failure to pay tuition. Once a student has fulfilled the general probation requirements, she/he will be fully reinstated.

Academic Probation:

During the 40-Hour Laser Hair Removal Apprentice Seminar if you do not achieve 80% or greater from tests given during this Seminar you will be given 2 additional opportunities that day to retake the assigned tests. If a passing grade of 80% or greater is not achieved, you will be required to attend a scheduled make-up day and a retake test with a score of 80% or greater prior to graduation.

Tests Administered:

- laser physics
- skin hair & tissue interaction
- safety, sanitation & regulatory agencies

General Conduct Probation: Class or peer misconduct (disruption of class, obscene behavior, violent speech, or behavior, sleeping in class, cell phone use during class). Student will be verbally warned, and written documentation applied to student file. Student will be advised if any further misconduct is demonstrated she/he will be dismissed from the program.

Attendance Probation: When a student has exceeded his/her, allowance for absences, which is 20% of the registered Seminar that is still in session she/he will be sent an attendance warning. The warning will remind the student that she/he has until the end of the Seminar to make up work or she/he will fail.

Termination Policy:

If after the probation period, a student has not fulfilled the requirements of his/her probation she/he will be dismissed.

Students can be automatically dismissed for the following reasons:

1. Coming to class under the influence of drugs or alcohol
2. Misconduct (obscene, violent or sexually inappropriate behavior, cheating, plagiarism, knowingly furnishing false information).

If a student wishes to appeal, she/he can file a complaint with the grievance committee. To be reenrolled a student must show evidence to the School president's satisfaction that the condition that caused the dismissal has been rectified. Re-admission is at the discretion of the Board of Directors or School President.

Conduct Policy

Probation:

A student will be put on academic probation if they fail a Seminar. A student will be put on general probation for misconduct or failure to pay tuition. Once a student has fulfilled the general probation requirements, she/he will be fully reinstated.

General Conduct Policy: Class or peer misconduct includes, but not limited to drugs and alcohol, disrupting class, obscene behavior, violent speech and/or behavior, sleeping in class, cell phone use during class. Once the student has been warned and placed on probation, according to the probation policy, if he/she fails to comply with the policies, they may be terminated from the program without refund.

Readmission Policy:

In accordance with Title 40, Texas Administrative Code, Section 807.221-224, EHAI allows students whose enrollment was terminated for unsatisfactory progress to reenroll at the next available Seminar date. Such reenrollment does not circumvent the approved refund policy. After 180 days reenrollment will be based on the current fee schedule and a reinstatement fee of \$250

Readmission Appeal Policy:

If a student wishes to appeal, she/he can file a complaint with the grievance committee. To be reenrolled a student must show evidence to the school President's satisfaction that the condition that caused the dismissal has been rectified. Re-admission is at the discretion of the Board of Directors or school President.

Progress Reports:

EHAI will issue formal progress reports to students upon completion of tests given. In accordance with Title 40, Texas Administrative Code, Section 807.222, EHAI records a student's grades at the midpoint and end of each progress evaluation period. A student not making satisfactory progress at the midpoint shall be placed on academic probation for the remainder of the progress evaluation period. If the student does not achieve satisfactory progress by the end of the probationary period, the student's enrollment shall be terminated.

Incompletes, Withdrawals, Repeat Subjects, and Remedial Work:

In accordance with Texas education Code, Section 132.061, EHAI will record a grade of "incomplete" for a student who withdraws but is not entitled to as refund under Subsection (b) (4) (f) if the student requests the grade at the time the student withdraws and the student that withdraws for an appropriate reason unrelated to the student's academic status. A student who receives a grade incomplete to reenroll in the program during the 12-month period following the date the student withdraws and completes those incomplete subjects without payment of addition tuition.

A student wishing to withdrawal is requested to have an exit interview with a school Director where she/he will file a withdrawal form that will be put in his/her student file.

Make-up Work:

In accordance with Title 40, Texas Administrative Code, Section 807.244, EHAI make-up work shall:

- a) Be supervised by an instructor approved for the class being made up
- b) Require the student to demonstrate substantially the same level of knowledge or competence expected of a student who attended the scheduled class session
- c) Be completed within two weeks of the end of the grading period during which the absence occurred
- d) Be documented by the school as being completed- recording the date, time, duration of the make-up session, and the name of the supervising instructor
- e) Be signed and dated by the student to acknowledge the make-up session.
- f) No more than 5% of total Seminar time hours for a Seminar may be made up.

Student Grievance Procedures

Written Student Grievance Procedure

Step 1: Instructor/Staff Member:

The student is recommended to directly communicate with the instructor/staff member involved in the grievance within 14 days. The student must articulate the grievance in writing, including a specific description of the problem, the reasons the student believes his/her rights have been violated, and a proposed remedy. The person alleged to have caused the grievance must respond to the student promptly, in writing, within 7 days.

Step 2: Executive Director

In cases where the problem is not resolved through direct communication with the Instructor/staff member involved, the student will submit a Grievance Form with supporting evidence, to the office of the school administrator within 14 calendar days of the communication with the faculty/staff member. The school Executive Director or designee will review the grievance.

Within 14 calendar days, the school administrator or designee will objectively investigate the grievance, consult and share appropriate information with all involved parties, consider relevant evidence, and render a decision in writing to the student and the administrative office.

Step 3: Appeal to President's Office

The student may appeal the decision in Step 2 if proper procedures were not followed or there is relevant evidence that was not available during Step 2. An appeal must be made within 14 calendar days of the decision from the Executive Director and made to the office of the President. The student must submit written justification for further review and provide evidence that there are grounds for the appeal. The President or a designated Officer of Empower Health and Aesthetic Institute will objectively investigate how the grievance process was conducted in Step 2, consult with all involved parties, and consider relevant evidence that was not available or not considered during Step 2, and render a decision in writing. The decision will be final, and any further appeals shall be made to the Texas Workforce Commission as described in "b." below, within a 3-year period.

Reporting, Recording, and Maintaining Records

When the grievance is concluded, all documentation shall be forwarded to the school's Executive Director, who will maintain them in accordance with the state archival policies.

Students Right to Appeal to Texas Workforce Commission

Empower Health and Aesthetic Institute is required to direct all unsolved grievances to:

Texas Workforce Commission
Career Schools and Colleges, Room 226T
101 East 15th Street
Austin, Texas 78778-0001
Phone: 512-936-3100

Grievance Procedure is published in the following locations:

- Enrollment Agreement
- Student Catalog
- Website / www.empowerhai.com

Approved and Regulated by the Texas Workforce Commission Career Schools and Colleges. Austin, Texas.